

T H E

V O W

The Vow of Passion

Ice Breaker

Share a story of being caught sneaking something as a kid. What was your response to shame?

Opening Question

What stood out to you from the weekend message? Was there a scripture, principle, or action step that has stuck with you?

Scripture

Read Genesis 2:24 and 1 Corinthians 6:18

If sex is as much spiritual as it is physical, share how it can emotionally damage someone when it's done outside of marriage? When done in marriage, share why you think sex brings a couple together emotionally and spiritually.

Read 1 Corinthians 7:3-6

What do these verses tell us about the role of sex in marriage? If we view sex through God's lens, how could it help you strengthen your marriage or faith journey?

Verse 5 in this passage tells us it's ok to take a break from sex if that is mutually agreed by the husband and the wife. Paul goes on to warn us that Satan is a tempter and will tempt us in this area of our lives. How can we keep our guard up against sexual temptation? What could you do to eliminate temptation before it happens?

Read Psalm 119:9-11

Describe the practical application of this passage as it pertains to marriage. What specific steps can we take to protect ourselves and each other using the scripture as our guide?

Next Step

As we wrap up The Vow series, take time to discuss these three questions with your spouse

1. How am I putting you first sexually?
2. What is something I need to stop doing to demonstrate selfless sex?
3. What should I start doing to improve this area of our marriage?

Pray