



"Rudy"

Don Rowe

The voices in our head impact the _____ in our life.

John 10:10 "The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full."

Who do you _____?

Jesus says "I've come so that you may have a full life."

James 1:2-4 "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking in anything."

God is saying _____ and _____.

Hebrews 10:24-25 "And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day is drawing near."

Psalms 133:1-2

Small Group Discussion Questions

Ice Breaker

Rudy is the uplifting true story of how, Rudy Ruettiger, refused to limit his dreams as he pursued his lifelong goal to be a member of the Fighting Irish football team of Notre Dame.

What audacious goal or dream have you reached for in your life?

Opening Question

What stood out to you from the weekend message? Was there a scripture, principle or action step that has stuck with you?

Scripture

Read John 10:10

Throughout our lives we encounter people who view the glass as half full or half empty. The "half full" crowd is generally positive and breathes life in to us. Those who see the glass as "half empty", are the ones who tell us we are not *good enough, smart enough, fast enough, pretty enough, etc.*

How do you feel about the hope that Jesus gives us in this verse?

Rudy heard words from others that had the potential to kill his dream. The voices we listen to can impact our choices. What can we do to protect what gets into our minds and who we listen to?

Take a minute to consider what type of voice you are to others. Share what God is revealing to you.

Read Isaiah 40:29-31

What encouragement do you find in these verses? When have you experienced times of God renewing your strength?

Which of these metaphors resonates with you: soaring like an eagle, running and not being weary, walking and not feeling faint

Read Philipians 4:8

Talk about how a person's thoughts can influence their feelings. Try to expand your conversation to how our thoughts can affect our relationship with God

Looking at this verse, what are some things you can think about that fit these characteristics?

Application

The voices we choose to listen to determine who we worship. List some things we can do to hear Jesus more clearly? What specific action will you do this week to guard your mind and direct your focus to Jesus

Pray