

# "Tame the Tongue"

### **Ben Davis**

**Proverbs 18:21** "The Tongue has the power of life and death."

### Why every word matters

	Words your life
2.	Words start
	<b>James 3:6</b> "Among all of the parts of the body the tongue is a flame of fire It can set your whole life on fire."
3.	Your words reveal
	Luke 6:45 "What you say flows from what is in your heart."
How	do we get better with our words?
1.	Go after the
	Psalm 19:14 "May the words of my mouth and the meditation of my heart be pleasing to you, O Lord. "
2.	Say ""
3.	Be quick to listen and
4.	Intentionally use words to

## **Small Group Discussion Questions**

#### Ice Breaker

Give an example of a tongue twister you used to say as a child

### **Opening Question**

What stood out to you from the weekend message? Was there a scripture, principle or action step that has stuck with you?

## Scripture

Read Proverbs 12:18, 18:21

What power do simple words have in our lives? Why are words so powerful?

Read James 1:19, 1:26, 4:11, 3:7-8

What do you think you should be guick to listen to? What does it mean to have a religion that is worthless? When someone is slandered, what impact does it have on: the individual, people hearing the slander, the speaker? Why is it so difficult to control the tongue?

In the message Ben said "words direct our lives, start fires and reveal what is inside of us"

What words to you speak into yourself, are they words that bring life or death? Why is "self-talk", the things we say to ourselves so impactful on who we are and how we act towards others?

Read Ephesians 4:29

What grade would you give yourself on this verse over the past week? How can all of us become better at applying this scripture to our lives?

In the message we were encouraged to Get Better with Words

- 1. Go after the root
- 2. Say I'm sorry
- 3. Actively listen, think before speaking
- 4. Use your words to bless others

Discuss as a group how to make this advice practical in our daily lives.

# **Application**

Memorize Psalm 19:14 this week

## Pray