

# FORGIVENESS

*Deciding that someone who has wronged you doesn't have to pay*

**BOTTOM LINE:** When you don't forgive, you miss out.

Read Colossians 3:13

**DAY 1**

## No I'm Sorry?

Sometimes, others might not actually say the words, "I'm sorry," to you when they have done something wrong. So, how can you forgive them? Sometimes we just have to forgive them in our hearts and not hold it against them. Think about a person that you might need to forgive today. Pray to God and ask Him to help you.

**"Dear God, Please help me forgive \_\_\_\_\_ (insert name here). I want them to know that they are special to me no matter what. I want to keep my friendship with them. In Jesus name, amen."**

Look for ways that you can forgive others even when they don't ask.

**DAY 2**

## To Forgive or Not to Forgive

Read some situations below and decide if in that situation you should forgive that person or not.

**Your little sister took your favorite toy and broke it by accident.**

To Forgive or Not to Forgive

**You were at school and a kid in your class grabbed a book out of your hand without asking.**

To Forgive or Not to Forgive

**Your neighbor borrowed your bike and left it in the middle of the road overnight.**

To Forgive or Not to Forgive

Know that quickly forgiving someone will help you to not miss out.

**DAY 3**

## Don't Forget to Forgive

Learning motions to a Bible verse makes it easier to remember! Do the following motions to help remember this week's verse:

**"Put up with one another.**

(Point around like you are pointing at friends)

**Forgive one another** (hug the air)

**if you are holding something against someone.**

(pretend to push the air away from you)

**Forgive, just as the Lord forgave you."**

(cross your arms in front of your chest)

**Colossians 3:13, NIV**

Ask God for opportunities to forgive one another because the He forgave you.

**DAY 4**

## Forgiveness Necklace

Make a forgiveness necklace! Grab some paper, scissors, string, and something to draw with.

Cut a shape out of the piece of paper big enough that you can write on. Once you have cut out your shape, write the words "I Will Forgive" on the paper, punch a hole on the top, and loop a string through it. Wear this necklace around your neck to remind you to forgive all the time.

Look for ways that you can accept forgiveness and give it whenever you need to.

*Color in the letters to the word  
FORGIVENESS and then stick it  
somewhere in your house that you  
can see often to remind you to forgive.*

